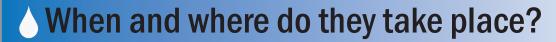


## WELCOME TO OUR BREASTFEEDING DROP-INS

- Why participate?
- > To meet other parents
- > To share your experiences
- > To meet with health professionals
  - **For whom are the drop-ins?**





> Every 2<sup>nd</sup> and 4th Wednesday of the month from 1:15 pm to 3:30 pm

St. Charles Library @ 1050, Hibernia Street (3rd floor)

## **Summer - Fall 2023 Schedule** JULY **AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER** October 11: November 8: September 13: December 13: July 12: August 9: Various themes Various themes Introduction Various themes Various themes Introduction to solids to solids October 25: November 22: August 23: July 26: September 27: Various themes Various themes Various themes Various themes Various themes

For more information, please contact Lina Hu lina\_hu@ssss.gouv.qc.ca, tel.: (514) 937-9251 #6212

ccpsc.qc.ca/en/breastfeeding





<sup>\*</sup> Although the Clinic uses the terms «woman» and «mother» to designate the majority of pregnant and breastfeeding people, please note that all gender- and sexually diverse people are more than welcome to join our breastfeeding drop-ins.